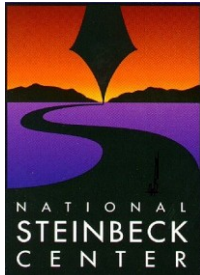


HER Helmet Thursdays

Discounts for Locals and Tourists Bicycling Monterey County

Get a 10-50% discount for cycling on **Thursdays!** **Why?** Be a partner in sustaining the environment and economy. **Where?** At **H-E-R** businesses and organizations throughout the county—in Big Sur, Carmel, Carmel Valley, Castroville, Del Rey Oaks, Gonzales, Greenfield, Marina, Monterey, Moss Landing, Pacific Grove, Salinas, San Ardo, Seaside, and Soledad! **H-E-R means what?** H=Hotels/other lodging; E=Entertainment venues and Educational attractions; R=Restaurants/other food and beverage service. **How?** At **H** places, BYOB/Bring Your Own Bike or rent a bike for a day or longer from any Monterey County shop. At **E & R** places, bike there; then walk in with **helmet** in hand, and mention **HER Helmet Thursdays**.



Please see details at [Bicycling Monterey website](http://BicyclingMonterey.com). **121 Charter Participants countywide as of 6/17/10.**

Amir's Kabob House
Aquablue Spa
Austino's Patisserie
Bahama Billy's
Bahama Grille
Baywood Cellars Tasting Room
Big Sur River Inn Restaurant
Breakfast Club
Bullwacker's
Cabo Hermoso
Café Fina
Café La Strada
Café Rustica
Cannery Row IMAX
Cannery Row Pizzeria
Cantinetta Luca
Carmel Belle
Carmel River Inn
Carmel Tagine
Central Texan BBQ
China Garden
Courtyard by Marriott
Cozumel
Curly's Barbecue
Cypress Inn
Domenico's On the Wharf
Duck Club Grill
East Village Coffee Lounge
El Mariachi Restaurante
El Palomar
El Torito

Elli's Great American
Em Le's
Epsilon
Erik's Delicafé-Monterey
Erik's Delicafé-Seaside
Favaloro's Big Night Bistro
First Awakenings-Pacific Grove
First Awakenings-Salinas
Fishwife-Monterey
Fishwife-Pacific Grove
Forge in the Forest
Fox Theater
Gilbert's Seafood Grill
Gino's Fine Italian
Golden Fish
Great Wall Chinese
Grill at Ryan Ranch
Happy Dragon
Haute Enchilada
Henry's BBQ
Hola by the Sea
Hula's Island Grill & Tiki Room
InterContinental The Clement Mtry
Jabberwock Inn
Jose's Lounge Underground
Jose's Mexican-Monterey
Jose's Mexican-Seaside
Koko's Cafe
Kula Ranch
La Casa Bodega Gourmet Deli
LALLA Lounge

LALLAgrill
LALLApolooza
La Plaza Bakery & Café
(all 6 La Plaza locations)
La Sala's Bi-Rite Deli
Lemon Grass
London Bridge Pub
Loose Noodle
Maha's Lebanese Cuisine
Marisco's-Seaside
Marisco's-Soledad
Merlot Bistro
Michael's Grill & Taqueria, Salinas
Monterey Hostel
Monterey Hotel
MY Museum
National Steinbeck Center
Papa Chevo's-Monterey
Passionfish
Pepper's Mexicali Café
Persian Grill
Petra
Piatti
Pico de Gallo
Pierce Vineyards
Pino's Cafe
Plume's Coffee House
Point Pinos Grill
PortaBella
Red Brick Pizza, DRO
Residence Inn by Marriott

Round Table, Castroville
Salinas Valley Fish House
San Ardo Café
Sanctuary Beach Resort
Sandbar & Grill
Sapporo
Scheid Winery, Greenfield
Scheid Winery, Monterey
Schooners Bistro on the Bay
17th Street Grille
The Spa at Bernardus Lodge
Sweet Elena's Bakery & Café
Taqueria del Mar
Terry's at the Cypress Inn
Toasties Café
Trailside Café
Turtle Bay Taqueria-Monterey
Turtle Bay-Seaside
Vista Blue Spa
Wickets at Bernardus Lodge
Wild Plum Café & Bakery
Will's Fargo
Yangtze's Taste of Thai

Questions? Want to add
your business or
organization? Call
Mari Lynch
(831) 375-6278.

BicyclingMonterey.com